



Fouls, Hand Balls and Sliding

There are 3 three types of fouls/misconducts which referees should closely watch for.

1. Foul Throws - Make sure you call bad foul throws. This will ensure younger players learn to perform foul throws properly.
2. Hand Balls - Hand balls are not called enough. Keep a close eye on this.
3. Sliding - Players should not be sliding. It is a dangerous play and should be called as a direct free kick.
4. Use your voice and be assertive. Make sure that the players and coaches are aware of your calls. This is very important for the younger age groups.